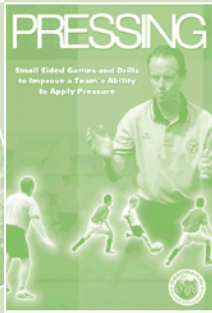
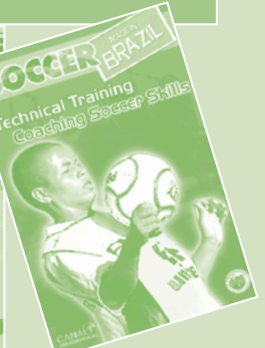
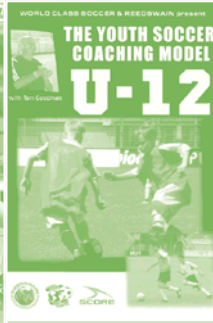


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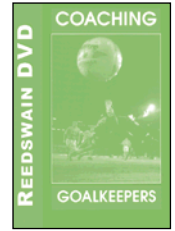
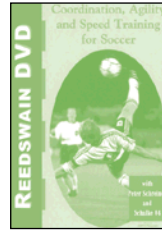
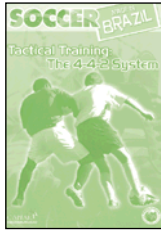
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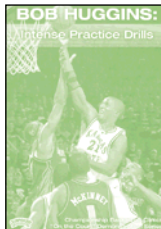
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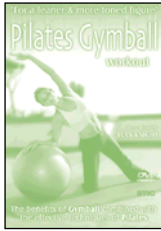
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SWIMMING FASTER: TURNS FOR ALL STROKES
David Marsh 33,00 €

TIMH ΟΛΗΣ ΤΗΣ ΣΕΙΡΑΣ 170,00 €



FITNESS – ΦΥΣΙΚΗ ΚΑΤΑΣΤΑΣΗ

HIGH-POWERED PLYOMETRICS	
Jim Radcliffe	33,00 €
ATHLETIC BODY IN BALANCE	
Gray Cook	33,00 €
FLEXIBILITY FOR SPORTS PERFORMANCE	
Ann Frederick, Chris Frederick	33,00 €
STRENGTH FOR SPORTS PERFORMANCE	
Allen Hedrick	33,00 €
SPEED FOR SPORTS PERFORMANCE	
John Cissik	33,00 €
POWER FOR SPORTS PERFORMANCE	
Tim Bishop, Jay Shiner	33,00 €
RESISTANCE TRAINING INSTRUCTION - TRUNK	
Everett Aaberg	33,00 €
RESISTANCE TRAINING INSTRUCTION - LOWER BODY	
Everett Aaberg	33,00 €
RESISTANCE TRAINING INSTRUCTION - UPPER BODY	
Everett Aaberg	33,00 €
ΛΕΙΤΟΥΡΓΙΚΗ ΠΡΟΠΟΝΗΣΗ	
Γιώργος Σκόλιας	50,00 €
ΠΡΟΓΡΑΜΜΑΤΑ ΑΣΚΗΣΗΣ ΓΙΑ ΤΟΝ ΑΥΧΕΝΑ	
Γιώργος Σκόλιας	21,50 €
ΠΡΟΓΡΑΜΜΑΤΑ ΑΣΚΗΣΗΣ ΓΙΑ ΤΗ ΜΕΣΗ	
Γιώργος Σκόλιας	21,50 €
ΜΕΤΑ - ΘΕΡΑΠΕΥΤΙΚΗ ΑΣΚΗΣΗ ΓΙΑ ΤΗ ΣΠΟΝΔΥΛΙΚΗ ΣΤΗΛΗ	
Γιώργος Σκόλιας	50,00 €
ΓΥΜΝΑΣΤΙΚΗ ΣΤΟ ΣΠΙΤΙ - Aerobics/Body Tone/Sitting Fitness & Abs/Dynamic Yoga	
Αργύρης και Στέλλα Pillas	26,00 €

AEROBICS – PILATES

PILATES FITBALL - Level I	
Βαρβάρα Σολωμονίδου	45,00 €
PILATES GYMBALL WORKOUT - The benefits of Gymball combined with the elective techniques of Pilates	
Lucy Knight	
PILATES ON THE BALL - Contemporary Pilates for those with experience in the technique	
M. King	
TOTAL BODY PILATES	
Karen Voight	
PILATES MATWORK VOL. 1 - Contemporary Pilates for those with experience in the technique	
M. King	
PILATES MATWORK VOL. 2 - Contemporary Pilates for those with experience in the technique	
M. King	
STOTT PILATES - FIRM & FIT VOL 2	
Moir	
BRAND NEW BUTT PLUS PILATES	
Janis Shalell	

YOGA FOCUS - Yoga for strength & stamina * Yoga for flexibility & relaxation

Karen Voight	
ULTIMATE STEP CIRCUIT - CARDIO STRENGTH	
Karen Voight	
TRIPLE SSS SURGING STEP & SCULPT - Two Highly-Rated Workouts in one DVD	
Rhonda Cook	
EVOLUTION - Swedish Dance Aerobic & Step	
Sjoberg Fredrik	
THE BEST OF EVOLUTION MOVIN' IT - Aerobic & Dance Shodown 3	
Steve, Marcus, Lindsay, Daniel, Tom, Rob, David	
EVOLUTION - 2 FAST 2 FURIOUS HILO JAM	
David Van De Velde	
EVOLUTION - AERO DYNAMICS	
Marcus Irwin	
EVOLUTION - THE FANTASTIC FOUR - Belgian Aerobic Showdown	
Caroline Mervielde, David Van De Velde, Lindsay Mommen, Steve Boedt	
EVOLUTION - LATIN DANCE	
Caroline Mervielde	
HI LOW RACEMIX	
Ulises Puiggros, Kanae Takegahara	
GIRLZ CONE HIP HOP - CARDIO WORKOUT	
Juliane Arney	

ΠΑΛΗ

CABLE'S ADVANCED WRESTLING	
Dan Gable	33,00 €

TEST

THE YO YO TESTS - CD-ROM	
Jens Bangsbo	65,00 €
MULTISTAGE FITNESS TEST - CD-ROM - A Progressive Shuttle-Run test for the Prediction of Maximum Oxygen Uptake	
National Coaching Foundation	38,00 €

CD

ΠΟΔΟΣΦΑΙΡΟ

F.C. BAYERN MUNICH JUNIOR TEAM - COACHING FOR AGES 6 - 18	
F.C. Bayern Munich	23,80 €
GAME SITUATION TRAINING FOR SOCCER - AGES 9 - 12	
F.C. Bayern Munich	23,80 €



ΠΡΟΓΡΑΜΜΑΤΑ ΔΙΑΧΕΙΡΙΣΗΣ

ΟΛΑ ΤΑ ΑΘΛΗΜΑΤΑ

ΠΡΟΠΟΝΗΤΗΣ ΟΜΑΔΙΚΩΝ ΑΘΛΗΜΑΤΩΝ - ΟΡΓΑΝΩΣΗ ΣΩΜΑΤΕΙΩΝ ΚΑΙ ΑΚΑΔΗΜΙΩΝ

Ηλεκτρονικό Organizer - Καρτέλες Αθλητών/Διαχείριση Πληρωμών/Παρουσιολόγιο/Διοργανώσεις ...
Ευάγγελος Μπεκέρης 119,00 €

ΠΟΔΟΣΦΑΙΡΟ

SPORTSCOUT for Soccer - Πλήρης ανάλυση από video
SPORTSCOUT 1.600,00 €
SPORT OFFICE SOCCER 4: SPORT DRAW 4 + SPORT PLANNER SPORT CODE - ΑΘΛΟΤΥΠΟ 195,00 €
SPORT OFFICE SOCCER 3: SPORT DRAW 3 + SPORT PLANNER SPORT CODE - ΑΘΛΟΤΥΠΟ 160,65 €
COACH FX powered by virtual view technology EXPRESS COACHING - REEDSWAIN 170,00 €
TACTICS 5.0 - SOCCER COMPUTER COACH 5.0
Italian Coaches - REEDSWAIN 50,50 €
TACTICS 5.0 - DRILL LIBRARY - Additional 100 drills for 4-3-3 system Italian Coaches - REEDSWAIN 28,00 €
TACTICS 5.0 - DRILL LIBRARY - Additional 100 drills for 4-4-2 system Italian Coaches - REEDSWAIN 28,00 €
TACTICS 5.0 - DRILL LIBRARY - Additional 100 drills for SET PLAYS Italian Coaches - REEDSWAIN 28,00 €
SOCCER CONDITIONING PLANNER - Turns your players World Class athletes
Sports Performance Specialists - REEDSWAIN 40,50 €

ΜΠΑΣΚΕΤ-ΜΠΟΛ

SPORTSCOUT for Basketball - Πλήρης ανάλυση από video
SPORTSCOUT 1.600,00 €
SPORT OFFICE BASKETBALL 4: SPORT DRAW 4 + SPORT PLANNER SPORT CODE - ΑΘΛΟΤΥΠΟ 195,00 €
SPORT OFFICE BASKETBALL 3: SPORT DRAW 3 + SPORT PLANNER SPORT CODE - ΑΘΛΟΤΥΠΟ 160,65 €
BASKETBALL STATS
SPORT CODE - ΑΘΛΟΤΥΠΟ 160,65 €

ΒΟΛΕΪ-ΜΠΟΛ

VOLLEYBALL - STATS (Πλήρης έκδοση) - Πλήρης ανάλυση από video Γιώργος Βαφεϊδής - ΑΘΛΟΤΥΠΟ
SPORTSCOUT for volleyball - Πλήρης ανάλυση από video
SPORTSCOUT 1.600,00 €
SPORT OFFICE VOLLEYBALL 4: SPORT DRAW 4 + SPORT PLANNER SPORT CODE - ΑΘΛΟΤΥΠΟ 195,00 €
SPORT OFFICE VOLLEYBALL 3: SPORT DRAW 3 + SPORT PLANNER SPORT CODE - ΑΘΛΟΤΥΠΟ 160,65 €

ΧΑΝΤ-ΜΠΟΛ

SPORTSCOUT for Handball - Πλήρης ανάλυση από video
SPORTSCOUT 1.600,00 €
SPORT OFFICE HANDBALL 4: SPORT DRAW 4 + SPORT PLANNER SPORT CODE - ΑΘΛΟΤΥΠΟ 195,00 €
SPORT OFFICE HANDBALL 3: SPORT DRAW 3 + SPORT PLANNER SPORT CODE - ΑΘΛΟΤΥΠΟ 160,65 €

FUTSAL - ΠΟΔΟΣΦΑΙΡΟ ΣΑΛΑΣ

SPORTSCOUT for Futsal - Πλήρης ανάλυση από video
SPORTSCOUT 1.600,00 €
SPORT OFFICE FUTSAL 4: SPORT DRAW 4 + SPORT PLANNER SPORT CODE - ΑΘΛΟΤΥΠΟ 195,00 €
SPORT OFFICE FUTSAL 3: SPORT DRAW 3 + SPORT PLANNER SPORT CODE - ΑΘΛΟΤΥΠΟ 160,65 €

TENNIS

SPORTSCOUT for Tennis - Πλήρης ανάλυση από video
SPORTSCOUT 1.600,00 €
SPORT OFFICE TENNIS 4: SPORT DRAW 4 + SPORT PLANNER SPORT CODE - ΑΘΛΟΤΥΠΟ 195,00 €
SPORT OFFICE TENNIS 3: SPORT DRAW 3 + SPORT PLANNER SPORT CODE - ΑΘΛΟΤΥΠΟ 160,65 €

WATER POLO

SPORT OFFICE WATER POLO 4: SPORT DRAW 4 + SPORT PLANNER SPORT CODE - ΑΘΛΟΤΥΠΟ 195,00 €
SPORT OFFICE WATER POLO 3: SPORT DRAW 3 + SPORT PLANNER SPORT CODE - ΑΘΛΟΤΥΠΟ 160,65 €

RUGBY

SPORT OFFICE RUGBY 4: SPORT DRAW 4 + SPORT PLANNER SPORT CODE - ΑΘΛΟΤΥΠΟ 195,00 €
SPORT OFFICE RUGBY 3: SPORT DRAW 3 + SPORT PLANNER SPORT CODE - ΑΘΛΟΤΥΠΟ 160,65 €

AEROBICS

CLUB 37 MIX - Step / Kickbox / Aerobics - 2 CD
MULTITRAX 33,50 €
MOVIE ANTHEMS - Aerobics / Step - 2 CD
MULTITRAX 33,50 €
MULTI TEMPO - Aerobics / NRG Step / Kickbox / Aqua - 2 CD MULTITRAX 33,50 €
OLD SCHOOL ANTHEMS - A collection of the best dance tunes - 2 CD MULTITRAX 33,50 €
DECADES - Step & Aerobic Workouts - 2 CD
MULTITRAX 33,50 €
MIND & BODY 4 - Power Yoga - 2 CD
MULTITRAX 33,50 €
PILATES 02 - 2 CD
MULTITRAX 33,50 €
BHANGRA vs BOLLYWOOD - World Music Collection - 2 CD
MULTITRAX 33,50 €
COVERMANIA 6 - Low & High Workouts 2 CD
MULTITRAX 33,50 €
ESSENTIAL DISCO - Glitta Edition - 2 CD
MULTITRAX 33,50 €